



Purpose

The Catalyst cards are designed to spark thoughtful conversations that encourage reflection, foster understanding, and build stronger connections within teams and organizations. These questions explore key themes like privilege, bias, identity, systemic inequities, team dynamics, fears, aspirations, and the role of AEDIJ as a catalyst for innovation.

How to Use

Select a Card: Each participant takes turns selecting a discussion card or a facilitator can choose one card for the collective to explore.

Read and Reflect

The chosen card is read aloud, and participants take a moment to reflect on their response.

Explore Together

Use the responses as a springboard for deeper conversations, drawing connections to team dynamics or organizational practices. Think about an action you can take to integrate new insights.



Anti Racist Cooperation Hub

These cards were written by Leila Moumouni-Tchouassi, designed by Liz Taylor-Johnson For the ARC Hub a Global Affairs Canada funded project housed at Cooperation Canada

Catalyst Cards



Share and Discuss

Each participant shares their thoughts while others listen actively. Encourage openness and respect.

Document Key Insights

Take notes on major takeaways or recurring themes to inform future actions or initiatives.

Tips for Success

Create a Safe Space: Remind participants that all contributions are valuable and should be met with respect and curiosity.

Encourage Vulnerability

Share personal stories and experiences to deepen understanding and empathy.

Customize as Needed

Leverage these cards to enrich conversations and processes across your organization in ways that best suit your team(s). Be creative!

End with Reflection

After each discussion, reflect on how the conversation can translate into actionable steps.